

# Healthy Rewards Program

Thank you for being our valued member. We want to reward you for taking part in Healthy Rewards Program and taking steps to improve or maintain your health!

## What is the Healthy Rewards Program?

The Healthy Rewards Program rewards you for taking small steps that help you live a healthy life. Start earning rewards now! Visit your provider and complete the health checkups detailed in the chart.

## How to Get Your Rewards

To confirm that you finished a healthy activity and start earning rewards, please go to [www.ohanahealthplan.com](http://www.ohanahealthplan.com) and log in to the Member Portal. Then click on the *Healthy Rewards* link to let us know you've finished an activity.

You can also call Customer Service toll-free at **1-888-846-4262 (TTY 711)** to confirm that you've earned a Healthy Reward. We are here for you Monday-Friday, 7:45 a.m. to 4:30 p.m. Hawai'i Standard Time (HST).



## Prepaid Debit Card, e-Gift Card or Gift Card\*

Use your Healthy Rewards prepaid Visa Debit Card, Merchant Gift Card or e-Gift Card to buy healthy items you use every day.

\*Gift cards cannot be used to buy alcohol, tobacco or firearms



## We're Here for You!

There may be times when you need help managing your healthcare. Our Service Coordination programs help you with chronic diseases such as asthma and diabetes. A nurse will work with you to help coordinate your healthcare needs at no cost to you.

We hope this brochure gives you a good idea of how the rewards program works. If you have questions about the program, please call our Customer Service team for help.



Visit us any time at [www.ohanahealthplan.com](http://www.ohanahealthplan.com).

'Ohana Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

(English) Do you need help in another language? We will get you a free interpreter. Call **1-888-846-4262 (TTY: 711)**.

(Ilocano) Masapulmo kadi ti tulong iti sabali a lengguahe? Iyalaandaka iti paraipatarus. Umawag iti **1-888-846-4262 (TTY: 711)**.

(Traditional Chinese) 您需要其他語言的協助嗎? 我們為您提供免費的口譯服務。請致電 **1-888-846-4262 (TTY: 711)**。

(Korean) 다른 언어로 도움을 받으셔야 합니까? 무료 통역사를 지원해 드립니다. **1-888-846-4262 (TTY: 711)**번으로 연락해 주십시오.

(Vietnamese) Quý vị có cần trợ giúp bằng ngôn ngữ khác không? Chúng tôi có thông dịch viên miễn phí cho quý vị. Gọi đến số **1-888-846-4262 (TTY: 711)**.

(Tagalog) Kailangan ba ninyo ng tulong sa ibang wika? Ikukuha namin kayo ng libreng tagasalin. Tumawag sa **1-888-846-4262 (TTY: 711)**.

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# Healthy Rewards Program

**BIG REWARDS FOR SMALL STEPS**



[OhanaHealthPlan.com](http://OhanaHealthPlan.com)

Healthy Rewards Program	Focus Area	Activity Criteria	Incentive Type	Incentive Value
<b>New Members</b>	Age 20+ PCP (Primary Care Provider) Visit & HRA (Health Risk Assessment) Completion	Complete an HRA (Health Risk Assessment) within 30 days and see your PCP within 60 days.	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$10.00 HRA (Health Risk Assessment) \$15.00 PCP Visit
<b>Children's Health</b>	0-15 months	Complete well-child visits per well-child checkup schedule. Members can complete up to six visits.	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25 for the first 4 visits with a bonus of \$50 for the last 2 visits (complete all six for a total of \$75.00)
	15-30 Months	Complete well-child visits per well-child checkup schedule. Members must complete two (2) visits.	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25 for two visits. Member must attest to two visits between 15-30 months
	3-21 years	Completion well-child or annual adolescent check-up visit	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25
<b>Healthy Pregnancy</b>	Prenatal Care Visits	Complete a prenatal visit during their first trimester or within 42 days of enrollment (ages 12 and older)	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$30
	Complete a Prenatal and Postpartum visit	Members who complete a prenatal and a postpartum visit may choose one of the reward options listed	Bonus Reward	Choice of a stroller, portable playpen, car seat or six packs of diapers.
	Postpartum Care Visit	Attend one postpartum visit 7-84 days after the birth of the baby (age 12 and older)	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$30
<b>Chronic Care Management</b>	Diabetes	Complete an annual HbA1C lab test (members with diabetes ages 18-75)	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$30
		Complete an annual eye exam (members with diabetes ages 18-75)	Visa Debit Card, Merchant Gift Card, or e-Gift card	\$30
<b>Well Woman</b>	Cervical Cancer Screening	Complete office visit for an annual cervical cancer screening (pap smear) (ages 21-64)	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25
	Screening Mammogram	Completion of annual screening mammogram (ages 50-65)	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25
	Chlamydia Screen	Completion of annual screening (ages 16-24)	Visa Debit Card, Merchant Gift Card, or e-Gift Card	\$25
<b>Adult Health</b>	Annual Physical Exam	Complete annual physical exam (Wellness Visit - age 20 and older)	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25
<b>Behavioral Health</b>	Behavioral Health	Go to a behavioral health provider within seven days after a behavioral health hospital stay. (Members older than 6 years of age)	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$30
<b>Substance Abuse initiation/Engagement</b>	IET (initiation)	Initiation of Alcohol or Drug (AOD) Treatment within 14 days of the diagnosis.	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$15
<b>Substance Abuse initiation/Engagement</b>	IET (engagement)	Intensive outpatient encounter or partial hospitalization, telehealth or medication treatment within 14 days of the diagnosis.	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25
<b>Tobacco Cessation</b>	Tobacco Cessation Counseling	Eligible members agree to receive and review tobacco cessation education tools and resources	Visa Debit Card, Merchant Gift Card or e-Gift Card	\$25